HOW TO ORDER

My Deadly Book About Me is on sale through The Bullroarer - Connecting Through Culture based in Townsville, North Oueensland.

mydeadlybookaboutme.com.au WEBSITE mydeadlybookaboutme@gmail.com **EMAIL**

BANK TRANSFER/DEPOSIT

Visit our website to download the order form. Then, make payment and email your completed order form to us.

CREDIT CARD PAYMENT

Visit our website and click on BUY NOW (menu) to proceed to checkout via PayPal. You don't need a PayPal account to use this service.

MONEY ORDER OR CHEQUE

Visit our website to download the order form. Enclose your payment & order form in an envelope and mail to My Deadly Book About Me, PO Box 158, Thuringowa Central QLD 4817.

*Orders are dispatched within 24 hours of payment being received! Parcel tracking included.

BULK ORDERING (10 + books)

SPECIAL PRICE!

\$45 PLUS postage & handling

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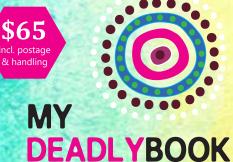
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ABOUTME

A book to help develop stronger cultural & community connections!

My Deadly Book About Me is a 78-page cultural resource that guides First Nation's Australian people, of all ages, on a special journey exploring their:

FAMILY HISTORY **CULTURAL IDENTITY. &** COMMUNITY CONNECTIONS

There are 60+ worksheets that introduce important cultural connections that enhance an Aboriginal or **Torres Strait Islander person's** sense of identity & wellbeing.



See inside for more info.

Unique & beautifully produced!

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- Over 60 worksheets organised into six chapters that are inspired by SNAICC's Aboriginal & Torres Strait Islander Cultural Needs framework (2012).
- The pages are culturally meaningful and appropriate in their content and layout design.
- The facing blank pages provide opportunity to add extra notes, drawings or photos.
- The topics increase awareness of traditional health, wellbeing and wellness approaches.
- My Deadly Book About Me includes three colouring sheets for relaxation.



TESTIMONIALS...



"Since I was a jarjum I have been keeping notes and have a couple of files worth of info. With the book you have created I can put it together for my mob." - Semone, New South Wales

"Thank you Michelle - I love the book! You have come up with a way for Aboriginal people to record their culture and ancestors."

- Stephanie, Victoria

"It was great to meet you today, the book is beautiful and will be such an amazing resource for families." - ActForKids, Townsville QLD

"The book is amazing and I'm really excited to write about it." - Nick Paton, Koori Mail

"You have done such a great job with the book and I'm so impressed – it's an honour to be part of the work you do." - Manager, Family Emergency Accommodation Townsville

THE BOOK AIMS TO ...

Affirm your cultural & personal identity.

Strengthen family relationships & support networks.

Preserve oral history & family history knowledge.

Nurture a strong sense of connection & belonging to community.

Promote traditional and/or spiritual ways of knowing, doing & being.

Most of all, bring you happiness and joy!

WHO CAN USE THE BOOK?

- **Individuals** to store important family information in one central, organised place.
- New parents start My Deadly Book About Me for your newborn child as a 'life story' keepsake book.
- Caregivers worth through it with your child so they develop a strong cultural identity & lasting family connections.
- First Australian seniors/Elders the book helps protect your family information and special memories.
- **Educators** provide the book to your First Australian student as a supportive personal resource during their learning journey.
- Programs and special events for First
 Australians offer the book to participants
 to support delivery and improve event
 outcomes.